

Type	Description	Cultural Tips	Varieties
Loose-leaf 45 to 55 days	Fast-growing plants in a range of colors and leaf types. Frilly 'Lollos' are among the first to bolt in spring; oakleaf varieties are among the last.	Direct sow a mixture in a covered frame for your first salad greens of spring. Gradually thin to 5 inches apart. Sow again in late summer to harvest around your first fall frost date.	'Green Ice' 'Oakleaf' 'Lollo Red' 'Red Sails' 'Salad Bowl'
Butterhead 45 to 60 days	Vigorous and cold tolerant, but the delicate leaves need protection from hail, ice and heavy rains. Easy to grow beneath row covers in spring or fall.	Direct sow and thin to 6 inches apart, or start seedlings indoors and transplant when they are three weeks old. Use row covers or cloches to shield transplants from cold and wind.	'Buttercrunch' 'Four Seasons' 'Kwiek' 'Optima' 'Pirat' 'Tom Thumb'
Romaine 50 to 60 days	Retains texture and flavor well through hot spells, provided the plants never run short of water.	Direct sow and thin to 6 inches apart, or start seedlings indoors and transplant when they are three weeks old.	'Freckles' 'Jericho' 'Romulus' 'Rosalita' 'Rouge d'Hiver'
Crisphead 80 to 90 days	This crunchiest type of lettuce needs a long period of cool weather, but is worth the wait. Grow a few plants in spring, and more in the fall.	Start seedlings indoors and transplant when they are three weeks old. Add mulch to keep soil cool and moist. Provide shade during hot spells.	'Minetto' 'Nevada' 'Red Iceberg' 'Sierra' 'Summertime'